

Assessment plan: DC Parks & Recreation Lifeguard program

Mission:

The DPR Lifeguard program strives to produce lifeguards who can comprehensively protect and rescue swimmers of all ages by providing exemplary training on water safety and rescue to ensure safe swimming conditions for DC residents.

Outcome 1:

Graduates will have passed the prerequisite screening

Measure 1a) 100-yard continuous swim test using an approach stroke, freestyle or breaststroke;

Target 1a) 80% of students will pass the 100-yard test

Measure 1b) Retrieve a 10-pound dive brick from the deepest part of the training facility;

Target 1b) 80% of students will pass the 10-pound dive test

Measure 1c) Tread water without the use of your hands for 1 minute;

Target 1c) 80% of students will pass the treading water test

Measure 1d) Exit the pool unassisted and without the use of steps or a ladder;

Target 1d) 100% of students will pass the pool exiting test

Outcome 2:

Pass the International Lifeguard Training Program course

Measure 2a) Pass the written exam with a minimum score of 80%;

Target 2a) 70% of students will pass the written exam with 80% or higher

Measure 2b) Demonstrate skill competency to the instructor during practical scenarios;

Target 2b) 70% of students will pass the practical exam

Measure 2c) Attend all scheduled class sessions and maintain a professional attitude at all times;

Target 2c) 90% of students will meet the course attendance and professionalism requirements